



Slocan Fitness Centre CODE OF CONDUCT



The Slocan Fitness Centre is inclusive and welcoming. To ensure the highest level of enjoyment for participants and visitors, the Fitness Centre requests that all of our members conduct themselves in a manner that creates a friendly and positive environment. Use of the Fitness Facility is a privilege.

Please check the following to acknowledge that you will:

- Sign in and out every time you visit** (clipboard on wall in gym).
- Wear clean, indoor shoes only.**
- Lock yourself in and lock door when you leave the building.**
(Press "SCHLAGE" button and turn lock to the left. Hear the click)
If the Clinic is open, leave door unlocked.
- No children under the age of 16 permitted in the gym. No exceptions.**
- Return free weights, yoga mats etc. to their place when finished.**
- Clean machines with water/vinegar solution and towels (provided) before and after each use.** *Please do not spray electronic screens.*
- Put used towels in basket provided.**
- You must have a current gym pass to use the Fitness Centre.**
No pass sharing please.
- I will wash my hands regularly and not enter the facility if I am sick.**

POLICIES WHILE IN THE FACILITY

- Act with courtesy and integrity while respecting the rights, welfare and dignity of others.
- Act in a safe and responsible manner by not coming to the facility if you are sick.
- Treat all other members or visitors, staff and facilities with respect.

Our facility is run entirely by volunteers! Please respect the space and help us keep it clean.

Questions or comments? You can contact us at: slocanfitnesscentre@gmail.com

I have read the Fitness Centre Code of Conduct, and understand and accept my responsibilities.

If I engage in inappropriate behavior, I may have my privileges revoked without a refund.

Signature

Date

Signature of Parent/Guardian
(if applicant is under 19 years of age.)

Please print name.